

Tel: 01829 752080
www.sablecottage.com

News Flash:

Children from Kelsall school have been continuing to visit once a month. Recent projects including baking and making sweet kebabs for a chocolate fountain.

Pets As Therapy provide us with fortnightly visits from Ella the border collie whose effect on our residents has been fantastic.

We welcome Kelsall's new vicar Peter McKriell who joins to us to take communion at Sable Cottage once a month.



Natalie (above, making masks with Mary) and Sarah are now volunteering on Sundays, helping with activities such as arts and crafts and pub trips.

Sable Cottage

Spring 2011 at Sable Cottage

We have taken a number of excursions recently: Lady Heyes craft centre, the Manchester Museum, live musicals onstage at Northwich and Winsford, Weavervale Garden centre, local pubs and to Kelsall school at Christmas to watch their nativity.

We are developing a rich activities schedule for 2011, incorporating a number of trips out, live in-house performances and local excursions.

Details will be posted on our activities wall and in subsequent newsletters throughout the year.

Cameo Club at Kelsall Methodist Church



Residents have been visiting a weekly social club in Kelsall. Cameo (organised by Cross Roads Care) is for members of the community who are starting to experience memory problems. Members enjoy morning tea and play games every Tuesday morning. They will start leading excursions such as pub lunches in the coming months.

Live Entertainment

We have played host to a large variety of entertainers since our last newsletter. Christmas saw performances from singers, pianists, the local Brownies and a pantomime from Partytime Productions. We have recently invited Sandra from Sentimental Journey (who sang for us during Rene's 100th birthday) to play again to residents. January saw a spirited performance from Frantic theatre and a live magic show from Keith, pictured below with Robert.



Robert with Magician Keith



Mary Gooch with singer Sandra





News Flashes:

We welcome a new carer, Seve, from Romania this month and congratulate Leo & Andrea on their wedding in the Philippines. Beth also become a full time carer. Congratulations also to Gill who recently became a grandmother for the second time.

As part of our rolling renovation programme, we have improved more bedrooms and completed a shower room upstairs.

We are looking forward to an extravagant celebration of the royal wedding this April. Residents will be invited to watch a live screening of the event projected large in the dining room, before attending an indoor street party with themed food, live music, balloon modelling and more.

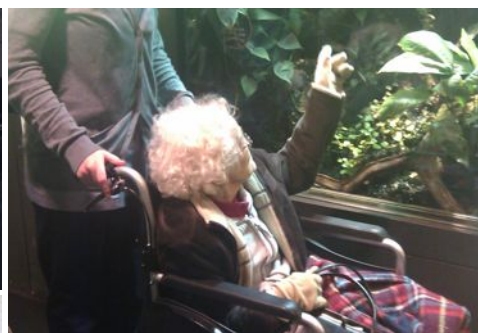
We are appealing to any friends or family members for items that can be included in a 'reminiscence box'. This can include older items from around the home, old newspapers - anything with nostalgic value.

For friends or family members who are out of the country or live too far afield to visit as regularly as they would like, we have the facility to speak to and see residents over Skype with a laptop that can be brought to their room. Call or email Ben (bensablecottage@gmail.com) to discuss this.

Activities Technology

As a result of our recent successful IT grant we have installed an interactive whiteboard in our EMI unit (usable by residents from all floors). It has been used for reality orientation (showing residents 360° photography of places they used to live in Google Earth), showing film projections, playing interactive games, etc... We have also had our Dementia Life computer upgraded. The system, especially developed for this sector comprises of a touch screen portable computer filled with reminiscence material (photos, videos, songs - sorted thematically and geographically, and which can be expanded by uploading residents' own content), games, drawing applications, etc...

Excursions and In-House Activities



Clockwise (Mary & Mena at Lady Heyes, Mena at The Manchester Museum, Natalie leading wordgames on the interactive whiteboard, Mary and Damaris making masks, Myra drawing with the Dementia Life computer, Hillary using the chocolate fountain with the children of Kelsall School, Peggy playing a target game with Sylvia)

